



AUGUST 4 2023 | ISSUE 11

THE BRIDGE

Selby Primary School Newsletter



A SNEAK PEEK INSIDE THIS ISSUE:

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Principals Report

Scott Burton

The past few weeks have been a particularly special time in the Selby calendar as we prepared our school production. The Selby community filled the Emerald Performing Arts Centre and the audience was treated to a beautiful event as we celebrated the performing arts. I am sure the Star Warts - The Umpire Stikes Back will live long in the memory of the audience and performers.

Congratulations to all our students and in particular to our Year 6 students – your efforts were amazing and have set the bar very high for coming years. Thank you to all the staff, parents, and grandparents who supported the event.

Book Week

One of the most exciting events for Selby students is our annual Book Week Celebration. This year, we are hosting a costume parade and literacy activities on Wednesday 23 August.

Students (and staff!) are invited to come to school dressed as a favourite book character and/or bring along their favourite book. During the day, students will work in mixed-age groups to explore some of the shortlisted books.

What is Book Week?

Book Week (19 – 25 August) is the celebration of books, reading, and Australian children's authors and illustrators. Book Week coincides with the announcement of the Children's Book Council of Australia Book of the Year winners. We have purchased many of the shortlisted books for 2023 and these are available for the students to borrow from the library.

This year's theme is **'READ, GROW, INSPIRE'**.

School Uniforms

It has become apparent since the onset of the colder weather that we are seeing an increasing number of students arriving at school in non-uniform items, particularly black tracksuit pants and non-Selby hoodies or jackets.

We are noticing that many of the pants are heavily branded (generally Nike) which often become desired items and not all students can necessarily afford these. The school endeavours to keep the uniform cost-effective for all families.

Since there are a lot of differences among students, it is the school uniform that acts as a catalyst in making them one. Our school endeavours to provide a uniform so that they can help children feel united and create a sense of school pride.

We would appreciate your support in ensuring that your child attends school each day in the correct green uniform. Please contact the school if you need clarification on uniform items.

We have a large range of secondhand uniforms in the front office. If you are unable to find the correct size, Lisa is more than happy to search through the stockpile to find the best fit for your child.

CALENDAR

Tuesday 8th August

School Council

Thursday 17th August

Book Fair begins

Wednesday 23rd August

Book Week Dress Up Day

Monday 28th August

EDEC Basketball Year 5/6



2 Morley St, Selby (03) 97542675

e: selbyps@education.vic.gov.au www.selbyps.vic.gov.au

Before/After School Care: 0434 422 455 1300 105 343



Good Book Awards

Prep B - Rudy G- Confidence

Rudy you have been such a confident participant in production. In every rehearsal you have helped your peers to know the moves and the lyrics. You were a superstar on stage, dancing your moves and singing the lyrics with enthusiasm. Outstanding work Rudy!

1/2M - Pepper P- Confidence

Pepper, I just loved seeing your positive attitude towards your learning this week. Nothing could stop you! You showed that you can complete challenging subtraction problems and change font and size of text on the computer. Wonderful work!

1/2R - Piper C - Confidence

Piper we were so impressed with the confidence you demonstrated when writing an algorithm for your Butterfly-Bot to follow. You were so creative and imaginative whilst programming it and showing it to the teacher. We love your creative and imaginative side coming through in your learning.

3/4J - Mia W - Confidence

Mia, it was fantastic to see you work so hard with your short division this week. You figured out how important it is to use your times tables to solve some tricky sums. Well done Smartie!

3/4H - Poppy S - Personal Best

Poppy, you have impressed me so much recently with your attitude to both Production and the classroom. You have confidently danced your way through the Production experience and I love watching your awesome robot moves each night! The care you've taken with your recent poster and model on the Pyramids has also been fantastic. The final products shows what excellent work you can produce when you put your mind to it! Keep it up, Poppy!



Respect Confidence Resilience Personal Best

SELBY PS PRODUCTION 2023 STAR WARTS



SELBY PS PRODUCTION 2023 STAR WARTS



PREP NEWS



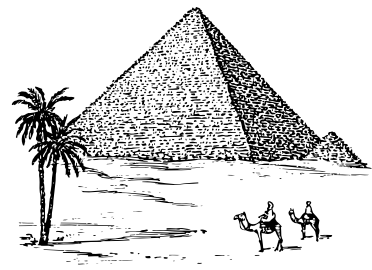
The Prep students enjoyed dressing up in celebration of 100 days of School. We did games and danced.



HAPPY
100TH
DAY
OF
SCHOOL



3/4 NEWS

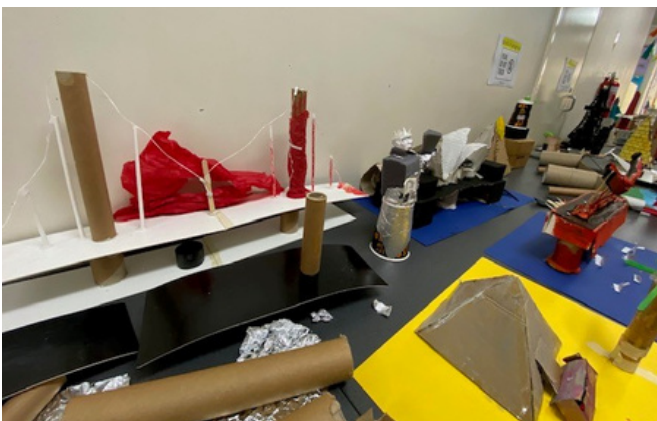


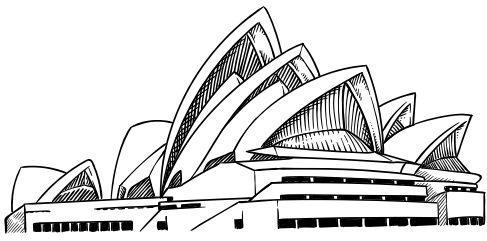
It has been an exciting few weeks in the 3/4 rooms with Production preparation in full swing, some tasty Kitchen Classroom sessions, a fantastic guest speaker (thank you Matt Deppeler!) and our mid-term Inquiry project wrapping up. We were looking at the design of famous Landmarks around the world and creating some truly amazing models and posters!



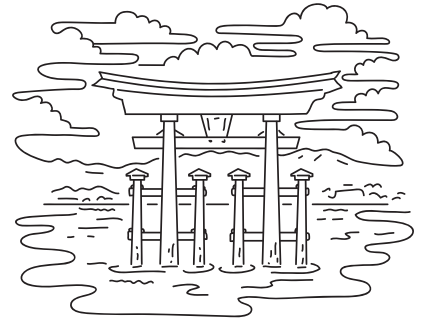


3/4 NEWS





3/4 NEWS





Throughout this unit we have used paper aeroplanes to work through and better understand the engineering and design process. After a hectic production week we relaxed by making some of our favourite plane designs and watching the Australian film, 'Paper Planes' together.

DIVISION SOCCER



Our girls Soccer Team represented the EDEC District at the Division Soccer Finals last week. They gave their all and played some awesome soccer! The girls won 1 game, lost 1 game and drew 1 game to narrowly miss out on going to regionals. We had lots of fun!





CHILDREN'S
BOOK WEEK®

#CBCA2023

READ
GROW
Inspire

19 to 25 AUGUST



BOOK WEEK AT SELBY PS 2023



**Mon 21st Aug -
Wed 23rd Aug**

Book Week Store Open
3.30pm - 4:00pm

Tue 22nd Aug:
Whole School Virtual
Author Talk - James
Foley

**Wed 23rd Aug:
DRESS UP DAY**

Dress as a character from
your favourite book & bring
the book along to share
**9.10am - Whole School Assembly
& Costume Parade in the hall**
Parents and caregivers are invited



Parents & Friends Association

Selby Primary School

The PFA's role is to promote the welfare of, and provide support to, the school and its community. Parents are key partners in their child's learning. By interacting with the school and other parents, PFA members can use their skills and experience to work collaboratively with others to support the school and build a sense of community.

The role of the PFA is threefold:

- to provide support, in various forms, for the school, its students, and community, including raising funds for the benefit of the school
- to work in cooperation with the principal, staff and school council in building effective partnerships between home and school
- to encourage diversity by getting to know the parents of other children at the school, and to support the operation of the school.

YOU ARE INVITED!

The Selby PFA will be hosting a casual Afternoon Tea in the school library every month for all parents and carers.

This is a chance to catch-up, chat and relax, and to find out more about what events we're planning during the year.

There's no obligation to sign up or commit to any event! This is an opportunity to let the kids play after school, and meet some other parents.

The PFA is dedicated to bringing the school community together, and everyone is invited to come to these new, regular catch-ups.

We hope to see you there!

PFA MEETINGS

TIME: 3.30 pm-4.15 pm.

PLACE: School Library

DATES:

Friday 11th August

Tuesday 5th September

Wednesday 11th October

Friday 3rd November

Catherine Manning Parenting Seminar, presented by the PFA

On Friday 28th July, the PFA was delighted to present a seminar with Catherine Manning from SEED Workshops. There was so much info to take in, and the one-hour seminar could easily have gone for three hours!

We learnt about social media and body image, gender bias, respectful relationships, consent, dealing with conflict in our relationships, and connecting with our kids. Some key takeaways were:

- When our kids are overwhelmed, we can teach them that they are in control and help them to take notice of what feelings are coming up.
- One strategy to help kids deal with conflict is SOS: Stop. Observe. Steer.
- This means STOP to take a moment, OBSERVE and reflect on what you're feeling in that moment, and then STEER the conversation/conflict in a positive direction. Parents can teach this by modelling it themselves during conflict with kids or partners. (But easier said than done - this stuff is hard!)

Some statistics about gender, body image and mental health that were shared by Catherine, include:

- 85% of women and 79% of girls opt out of activities if they don't feel good about the way they look.
- Children are exposed to 5,000 photoshopped images a week. Most adults understand that these images aren't real but children don't have that ability yet, so parents play an important role in demystifying this.
- 90% of young people have seen pornography by 12 years old.
- Both boys and girls can struggle with negative issues around their own body image.
- It's important for parents to work on their own body confidence and the inner voice that tells them they aren't good enough so they can model body positivity to their kids.
- Because of traditional gender norms fathers often start withdrawing affection from male children early on, and this negatively impacts boys who may find it harder to seek and feel affection as adults.
- The 'man box' we put males in greatly limits boys' potential. This is a narrow version of what a 'man' can be, and it reduces and damages the mental health and self-worth of boys.

Catherine also gave us some ideas about how to improve our relationships with our kids. Some of These ideas are:

- Give your kids 'Love Dump' days. Every now and then, plan one-on-one days with your child and do their favourite things.
- Don't lecture them - ask them questions. Kids are smart. Their answers will likely show you they understand more than you realise.
- Listen.
- During conflict, use 'I words' to express how you feel, rather than attack them for what they did.
- Take responsibility if you need to.
- Affirm how they're feeling, and forgive.
- Forget the past and focus on now.
- Always end a conversation or conflict on a positive note.



**Open for
Stall Bookings**

Selby PS

FAIR

2023

**Sunday
12 November**

10-2pm

Parent Stall: \$20

Kids Stall: \$5

Trestle Table Hire: \$5

Payment at the Selby PS office. All stalls can be located inside the hall unless you indicate you prefer an outside stall.

For more info please call (03) 9754 2675

SELBY PRIMARY'S SPECTACULAR CLOTHES SWAP



SATURDAY 12TH AUGUST 2023
SELBY PRIMARY SCHOOL HALL
7.00 - 10.00 PM

WHAT an event where you bring unwanted clean clothes in good condition to swap with others and take home a new sustainable wardrobe

WHY to help us tackle climate change while raising much needed funds for our school and gathering our community together at the same time

COST \$26 includes sweet and savoury platters and first drink of the night (plant based with gluten free options)

Please prepay tickets by 8th August



Additional drinks at your own expense

Please drop off clean clothes to the office the week prior to the event.

We want this event to be accessible so if the cost is prohibitive for you, please contact Jenny 0401 304 417 so we can work something out.

Selby Primary School



2024

Prep Enrolments Now Open

**PLEASE CONTACT US FOR A
SCHOOL TOUR**

9754 2675

www.selby.ps.vic.gov.au

Gold Award 2022

SCHOOL-WIDE POSITIVE
BEHAVIOUR SUPPORT





**YARRA
RANGES**
kinders

193-195 Main Street
Lilydale VIC 3140
Phone: 9726 0439

SELBY KINDERGARTEN ENROLMENTS OPEN FOR 2024

At Yarra Rangers Kinders, we offer 3 year old & 4 year old programs that encourage children to learn through play while building self-esteem, confidence, and relationships with others.

Our 3 year old programs vary from 5-15 funded hours while all 4 year old programs are 15 funded hours.

Sessions Times: 3yo group - Tues, Weds 9:15am - 2:15pm
4yo group - Mon, Thurs, Fri 9:00am - 2:00pm

Please complete an application form via our website
www.yrkinders.com

Once you have completed the application form on our website, you will receive a confirmation email to say your application has been processed. (Please allow 5-10 business days for this to be processed).

For further information or any questions, please call head office on 9726 0439 or email enrol@yrkinders.com.

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BELGRAVE SOUTH RED DEVILS

Summer NOW OPEN Registrations

For Players aged U8s-U23s

Registrations Close September 1st

For more information contact bsrdregister@gmail.com



BASKETBALL CLUB

BELGRAVE SOUTH RED DEVILS

Little Devils

Beginners Program

Thursdays 5pm Upwey High School Stadium

August 3rd, 10th, 17th & 24th,

BOOKINGS ESSENTIAL



BASKETBALL CLUB

Please contact
bsrdcomms@gmail.com
for bookings

**LIMITED
SPOTS
AVAILABLE**



**YARRA
RANGES**
kinders

Selby Kindergarten OPEN DAY

Sat 12 Aug 9.30 – 11.30am



Join us on Kulin country to meet our passionate, experienced staff.
Discover our natural spaces, play-based learning programs, and
why local families love Selby Kinder!

MINI RANGES!

5 WEEKS
NO COST!

The Mini Ranges Basketball Program
is specifically designed for primary
aged children for both boys and girls,
from Prep to Grade 6.

- Dates:** Every Wednesday
16, 23 & 30 August, 2023
6 & 13 September, 2023
- Time:** 4pm - 5pm
- Where:** Monbulk College Sports Stadium
- Cost:** FREE
- What to bring:** Runners & a drink bottle
(basketball not compulsory)

Please note that parents are expected to stay for the session

To book a place please email:
info@rangesbasketball.com.au



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Belgrave

Why MyTime?

MyTime is for parents and carers of a child with a disability, chronic medical condition or other additional needs including developmental delay.

Unwind and share experiences with others who understand

FIND US AT:

Belgrave Hub

1624 Burwood Highway, Belgrave

Alternate Thursdays, 10:30am-12:30pm

CONTACT:

Facilitator: Kate Rogers

Phone: 0413 091 651

Email: katier@mytimevic.com.au



mytime.net.au

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VICTORIA POLICE

Victoria Police

Yarra Ranges CommSafe Forum

Community Invitation

Victoria Police invites members of the community, to attend the Yarra Ranges CommSafe Forum on **Wednesday 9th August 2023**.

The forum welcomes local services and community members to talk with police about what is important in your community.

The forum will explore a range of topics including:

- Current crime trends and crime prevention
- Young people
- Family violence
- Road policing
- Drugs and drug related crime.

The forum will be run by a Victoria Police panel. Questions will be taken from the audience throughout the event.

Registration is a must. To register your interest, please send your details to:

yarraranges-forum-2023-mgr@police.vic.gov.au.

Refreshments and food will be offered, if there are any dietary requirements, please include them in your registration.

Safe community

Safe speeds

Safe people



**COMM
SAFE**

Date: **9 August 2023**

Time: **9am – 12:30pm**

Location:




**Chirnside Park Country
Club**

68 Kingswood Drive,

Chirnside Park

MyTime

term plan

DATES	GROUP ACTIVITY	CHILDREN'S ACTIVITY
20/07/2023	<ul style="list-style-type: none"> Come along and join us for morning tea and a chat. 	<p>Activities will cater to children's interests but may include:</p>
03/08/2023	<ul style="list-style-type: none"> Get to know other families from the area while your pre-school aged children are kept engaged by our Play Leader. 	<ul style="list-style-type: none"> Craft activities
17/08/2023		
31/08/2023	<ul style="list-style-type: none"> Group activities to be confirmed based on member interests but may include: 	<ul style="list-style-type: none"> Toys and blocks
14/09/2023	<ul style="list-style-type: none"> Guest speakers Facilitator led discussions Self-care activities and workshops 	
		<ul style="list-style-type: none"> Stories and Singing
		



It's support
for you



It's free to
join



Professional
support



Pre-school aged
children are welcome

SELBY NETBALL CLUB

SPRING 2023 SEASON

**COMMENCES
2ND SEPTEMBER**

**SEND YOUR
EXPRESSION OF INTEREST TO
SELBYNETBALL@HOTMAIL.COM OR
REGISTER VIA THE QR CODE**



We are taking enrolments for all age groups from 7 year olds to Open age.

Selby is a small and friendly club established in 1993. Our aim is to provide the opportunity for players of all abilities to participate and have fun playing netball.

REGISTER BY 12TH AUGUST, 2023



Comic book art

With Tony Midson



Wednesdays

6-8pm

19th July-6th September

(8 weeks)

Ages 12+



\$145

Includes materials or
BYO materials

This course introduces the fundamental drawing skills required for illustrating comic books. Including drawing figures and faces, costumes, action, perspectives and sets, composition, colour, light and shade.

SELBY COMMUNITY HOUSE

1 MINAK RD, SELBY | 9754 2039 | PROGRAMMING@SELBYHOUSE.ORG.AU

WWW.SELBYHOUSE.ORG.AU



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SELBY FACILITATED PLAYGROUP WITH CHLOE

Parents stay and meet other families while the children play and explore various age-appropriate activities assisted by a qualified childcare worker. Indoor and outdoor play in a beautiful setting.

Ages 0 -5

**Tuesdays
10.00am - 12.00pm
11th July-12th September**

**\$10 p/session
\$5 for siblings**

REGISTER BY PHONE, EMAIL OR VIA OUR WEBSITE
SELBY COMMUNITY HOUSE

1 MINAK RD, SELBY | 9754 2039 | PROGRAMMING@SELBYHOUSE.ORG.AU
WWW.SELBYHOUSE.ORG.AU



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PARENTING TEENS

PARENTS BUILDING SOLUTIONS

Open to all Parents of Teenagers to join us to share experiences, ideas and learn strategies that work.

- **How to get your teenager to listen, without having to yell?**
- **Building a better relationship with your teens.**
- **Feeling stuck or struggling with your teenager?**
- **Discuss and share strategies that work.**
- **What's happening emotionally, physically and socially with your teen?**

Dates: **Wednesdays 26 July, 2, 9, 16, 23 & 30 August 2023**

Time: **9.30am - 11.30am**

Venue: **Emerald Secondary College
425 Belgrave-Gembrook Road,
Emerald VIC 3782**

To Register: Use Link or Scan QR Code:

<https://forms.office.com/r/gti5du11nv>



Enquiries: **Jasbir Singh Suropada**
Email: jasbir.suropada@anglicarevic.org.au
or Call 0438 004 285

PARENTZONE

anglicarevic.org.au

**BETTER
TOMORROWS**



Parenting Anxious Children

A Parents Building Solutions Program for Parents of 4 to 12 year olds

Are you a parent who wants to:

- Discover how anxiety develops throughout childhood?
- Learn parenting strategies to help your child cope with anxious feelings?
- Teach your child the skills of resilience so they can bounce back from adversities?
- Communicate better with your child?

Join this interactive 6 week program to learn strategies, share stories and take some time out for you

When: Tuesdays (6 afternoon sessions)

Dates: August 1st to September 5th 2023

Time: 1:00 to 2:30pm

Where: Online via Zoom.

Cost: Free for parents and carers living in Melbourne's Eastern Region.

Registration: [Click here](#)

Enquires: sharon.muir@anglicarevic.org.au

Please Note: we have limited places so please only register if you can attend all 6 sessions. You will also need to log in on a device with video and audio in order to participate.



Dads Matter

Dads at their best - helping children to thrive

Are you a dad who would like to:

- Better understand your importance in your child's life?
- Have agreements that work?
- Further develop your relationship with your young people?
- Get your head around what they need from you?

Come along to these 6 online sessions.
Share strategies, strengths and stories.
Take some time out for you and celebrate
the importance of being a Dad!

When: Mondays (6 evening sessions)
31 July - 4 September 2023

Time: 7.00pm to 9.00pm

Where: Online - Via Zoom

Who: Dads

Cost: Free (Bookings are essential)

Bookings: [Click here to book](#)

Questions:

Deborah at Parentzone 9721 3629 or
deborah.trengove@anglicarevic.org.au

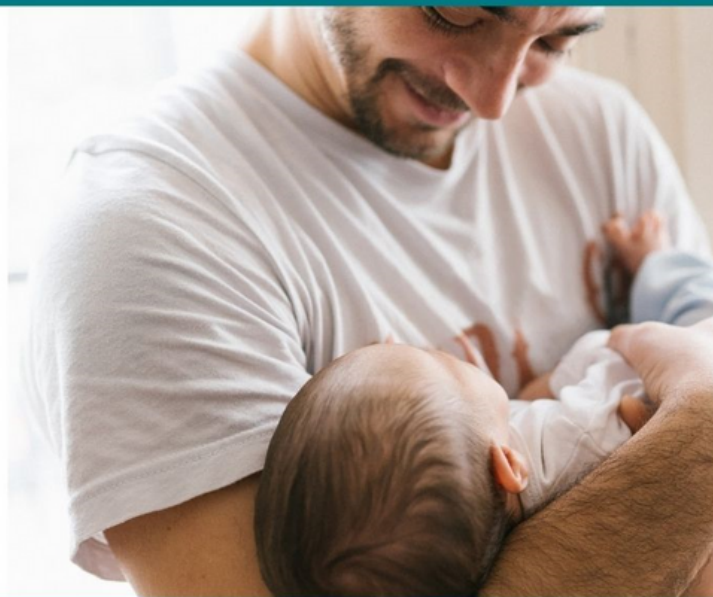
PARENTZONE

Expecting and New Dads Workshop

Wednesday
9th August 2023
6.30pm-9.30pm

*Light dinner provided

Mt Evelyn
Community House
50 Wray Cres, Mt Evelyn



Expecting Dad's, new Dad's and male carers, are invited to a **FREE** interactive workshop, presented by Darren Varley from Father Friendly, that will support you to:

- Strengthen your role as a new father/carer and explore the important connection you have with your baby.
- Look at what type of father you want to be.
- Benefits of positive and supportive co-parenting.
- Routines - feeding, sleeping and interactions.
- Services and supports for Dad's and male carers.
- Meet other local new Dads!



Please note - Due to the conversation content this workshop is for adults only, children cannot be accommodated for.

To register visit: <https://www.trybooking.com/CJBKC>

or contact Michelle Lehmann at Yarra Ranges Council on
9294 6207 / m.lehmann@yarraranges.vic.gov.au



Yarra Ranges Council is a Child Safe organisation.



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