



April 15, 2020

PRINCIPAL'S REPORT

Welcome back to Term 2. It is a term that will be different to any other that we have ever experienced. There will be trials and tribulations but I know that together we will all work to ensure that the students will continue with their education and have many positive experiences. I was passed on the following words and I think that they sum up the opportunity that we all have in the next period of time.

COVID-19 Kids – what if?

When people say kids are going to be 'behind' I say, behind what?? Not each other- they're all in the same boat. Only 'behind' the age expectations of a curriculum that currently has limited context due to these extraordinary circumstances. In front on so many other more important fronts I say.

What if instead of "behind" this group of kids is advanced because of this.

What if they have more empathy, they enjoy family connection, they can be more creative and entertain themselves, they love to read, they love to express themselves in writing.

What if they enjoy the simple things, like their own backyard and sitting near a window in the quiet?

What if they notice the birds and the dates the different flowers emerge, and the calming renewal of a gentle rain shower?

What if this generation is the one to learn to cook, organize their space, do their laundry, and keep a well-run home?

What if they learn to stretch a dollar and to live with less?

What if they learn to plan shopping trips and meals at home?

What if they learn the value of eating together as a family and finding the good to share in the small delights of the everyday?

What if they are the ones to place great value on our teachers and educational professionals, librarians, public servants and the previously invisible essential support workers like truck drivers, grocers, cashiers, custodians, logistics, and health care workers and their supporting staff, just to name a few of the millions taking care of us right now while we are sheltered in place?

What if among these children, a great leader emerges who had the benefit of a slower pace and a simpler life, who has a fine sense of empathy and care and concern for fellow humans.

What if he or she truly learns what really matters in all this...



Advice, tips and resources to support children as they learn from home.

Maintaining support for student health and wellbeing is a high priority during this time of uncertainty in the world, and throughout the transition to flexible and remote learning.

Students will be experiencing a major change in routines and lifestyle and a degree of social isolation which can increase levels of stress and anxiety. This will affect all students in different ways, so our focus on student health and wellbeing will be critical to ensure students stay engaged in learning.

LEARNING FROM HOME

When you start to think about helping your child to learn from home, remember that no one expects you to be a subject matter expert or teacher. The most important thing you can do is to continue to provide support and encouragement to your child.

You can help your child to learn from home by working with us in supporting your child as they undertake the activities provided. If your child doesn't get everything correct, it's OK! That's what learning is all about. Please refrain from telling them the answer or completing work for them as this will hinder their learning growth.

HOW YOU CAN SUPPORT YOUR CHILD LEARNING FROM HOME

You can support your child by:

- having a routine and set expectations
- making sure your child has a space to work in
- providing a level of supervision suitable to your child's stage of development
- monitoring communications from teachers via Compass
- checking in with your child often to help them manage and pace their work
- monitoring how much time your child is spending online
- clarifying and understanding the instructions they get from their teachers
- helping them organise themselves and set priorities for their learning at home
- encouraging regular exercise and healthy eating habits

The level of support and ways of engaging with your child/children will vary based on their age and learning needs.

We see the partnership between home and school as crucial in assisting our students to develop age appropriate independent learning skills and for them to build the capacity to manage their own learning. In order to support your child at home you can:

- Provide the right amount of support at the right time
- Encourage your child to take risks with their learning
- Use open-ended questions when supporting your child's learning
- Ensure your child retains responsibility for their learning; and
- Give the least amount of help first to encourage your child's ownership of the task.

Advice, tips and resources to support children as they learn from home.

ABOUT LEARNING FROM HOME

When you start to think about helping your child to learn from home, remember that no one expects you to be a teacher or subject matter expert. The most important thing you can do is continue to provide routine, support and encouragement to your child.

You can support your child to learn from home by keeping up to date with your child's school communications.

Your child's school will:

- clearly communicate the responsibilities of your child's teacher as well as what students and
- parents and carers need to do
- provide learning activities for your child to undertake
- communicate with parents and students through their normal channels, for example via Compass, Seesaw, newsletters and email
- advise parents and students about the online tools your child can use to support their learning from home.

If you do not have a computer device or internet at home, contact your school to discuss your what child needs to borrow and how your child can receive materials.

SETTING UP A LEARNING ENVIRONMENT

Every home is different. Where possible, extended learning should take place in a space your family shares. For example, a lounge room or dining room. These spaces are preferable over a bedroom, where your child can feel isolated and supervision can be more challenging.

It should be a place:

- that can be quiet at times
- where you or another adult is present or easily accessible.

STUDENT RESPONSIBILITIES DURING REMOTE LEARNING

Depending on the age and stage of your child, they may be expected to:

- regularly monitor digital platforms for announcements and feedback from teachers
- do their best work when completing tasks
- do their best to meet timelines and due dates
- communicate openly with their teachers and raise any concerns or issues
- continue to abide by their school's behaviour guidelines.

ESTABLISHING ROUTINES AND EXPECTATIONS

It is important to develop a routine to support your child as they learn from home. This is important for them and for family members, to provide an environment that encourages learning.

Start and end each day with a check in to help your child:

- clarify and fully understand the instructions they get from their teachers

Advice, tips and resources to support children as they learn from home.

- help them organise themselves and set priorities for their learning at home.

Encourage regular exercise breaks. Your school is likely to provide some suggested activities.

Encourage healthy eating habits and make sure they drink enough water.

Try to keep normal bedtime routines for all children, especially for younger ones.

MANAGING SCREEN TIME AND ONLINE SAFETY

As your child is likely to be spending time online, it is important that you talk to them about online safety. This will help them to make good digital choices and use information and communication technologies responsibly.

You may wish to speak to your children about ensuring they:

- use only the online tools recommended by their school or the Department of Education and Training
- are respectful when communicating online, just as they would be when speaking face-to-face
- use digital devices in open areas of the home

For more online safety advice for parents and carers go to: www.esafety.gov.au

MENTAL HEALTH AND WELLBEING CHECK IN

Just as you set aside time for physical exercise, it is important to make time each day to check in on your child's mental health and wellbeing.

It may take your child some time to adjust to their new routine for learning and key changes such as not seeing classmates in person. Every child will react differently to new circumstances – feelings of sadness, frustration, anxiousness and even anger are entirely normal.

You can help your child by:

- providing an opportunity to talk about how they feel and listening to what they say
- identifying some specific actions they can take by themselves or with you to address any concerns they might have
- asking how they are finding learning remotely, and if there is anything they'd like your help with.

If you have any other concerns about the health and wellbeing of your child, please contact your school directly, which will have access to resources that can help.

ADVICE FOR PARENTS AND CARERS OF CHILDREN WITH ADDITIONAL NEEDS

If your child has additional needs, you should talk to their teacher about an individual education plan. This will help guide their learning from home.

The parents' page of the DET website (www.education.vic.gov.au/parents) has several resources to help parents and carers support learning from home.

For parents and carers of children with learning difficulties, a comprehensive resource *Understanding learning difficulties for parents: a practical guide* can be downloaded from www.uldforparents.com.

This guide provides parents and carers with practical advice about learning difficulties as well as a list of recommended apps.

Advice, tips and resources to support children as they learn from home.

LITERACY AND NUMERACY RESOURCES AND TIPS

In addition to the resources and materials that your school will provide, you could use the following resources to support your child as they learn from home:

Literacy and numeracy:

Tips for parents and carers to build their child's literacy and numeracy skills can be downloaded from the www.education.vic.gov.au. Search: *get involved in literacy and numeracy*

Premiers' Reading Challenge:

The challenge encourages children and students from birth to Year 10 to read a set number of books over the year and record their efforts online. Register at www.education.vic.gov.au. Search: *premiers reading challenge*

Mathematics and numeracy at home:

Parents and carers play an important role in helping develop their child's numeracy skills. Advice and resources for families can be downloaded from www.education.vic.gov.au. Search: *mathematics and numeracy at home*

HALL WORKS

The works to the hall have been completed and it is looking fantastic. The works have certainly improved the hall and the school has taken the opportunity to re do the flooring in the foyer and toilets along with the lighting in the foyer whilst the other works have been taking place. During the term I will paint the remaining parts of the hall and I look forward to having our next assembly in the hall and show off our wonderful space.



If you have any concerns or questions throughout the term please contact the school office. The office will be open everyday from 8:45am to 3:45pm.

Stay safe

David Orlandi

Principal



MACEY



AMARLIE

Thanks to all those who took the time to participate in the virtual Easter Bonnet Parade. So many fantastic and creative designs. Well done everyone.



SALLY



OLIVER



EDWARD



ELIZA



AMON

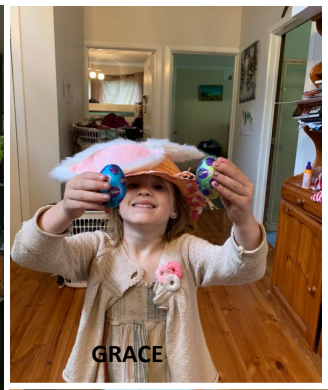


LILY



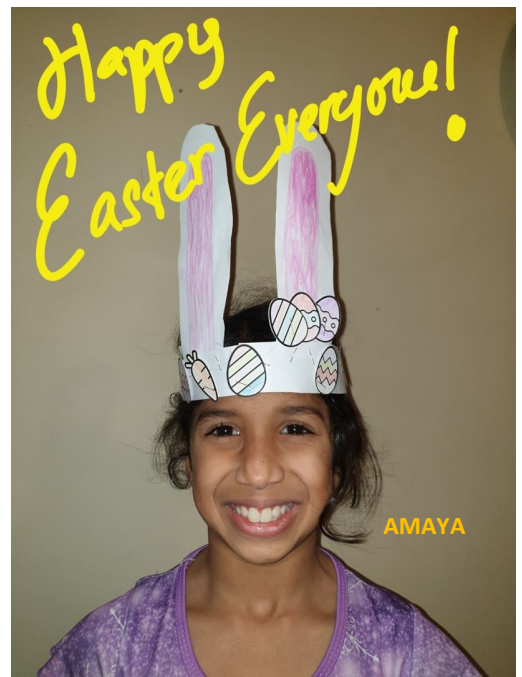
ROY







CASSIDY



Paul's easter bonnet



Tips to help our kids keep their teeth healthy and strong

Busy schedules, getting to school on time and feeling tired at bed time can make it hard to support kids to keep their teeth healthy. So why make the effort?



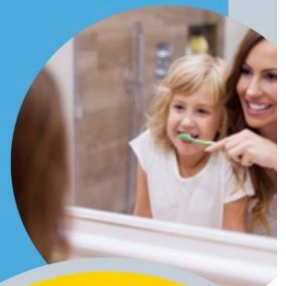
Half of Victorian children aged 0 to 6 experience tooth decay.

Baby teeth are important for the developing adult teeth below.



Children need help brushing their teeth until they are at least 8 years old: make sure they have reached their back teeth and got into the deep grooves!

Aim for children to floss between any teeth that touch each other – you will need to help with this!



Limit sugar sweetened beverages.

Visit your dentist every 6 months for a check-up.

Inspiro and EACH Community Health offers **FREE** dental treatment to children up to 12 years of age!

This initiative is proudly supported by:



easternhealth

each



15th April 2020

Dear School Community,

An update regarding the current status of our retail stores.

Our retail stores have reopened with reduced trading hours. Please refer to our Google listings by searching for your Beleza store location, for example "Beleza Store Hallam", for the most up to date times or by calling our head office on (03) 9702 3218.

We will be operating a limited contact, full-service operation for the time being, to align with social distancing rules and to ensure the safety of everyone. We appreciate that this will mean a very different in-store experience than normal with us, so please bear with us as we operate with these new procedures. These processes may be changed from time to time, as we are continually reviewing how we operate to ensure that we are doing everything we can to keep everyone safe whilst providing students the uniforms that may be needed.

We have extended our 50% off the cost of shipping in Victoria offer, which will be automatically applied at checkout for all orders placed on our online store at: <https://store.beleza.com.au>

We hope that everyone continues to stay healthy and safe whilst we work through this together. Thank you for your ongoing support of our business and the changes we are making to keep everyone safe.

Your Beleza School Uniforms Team



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